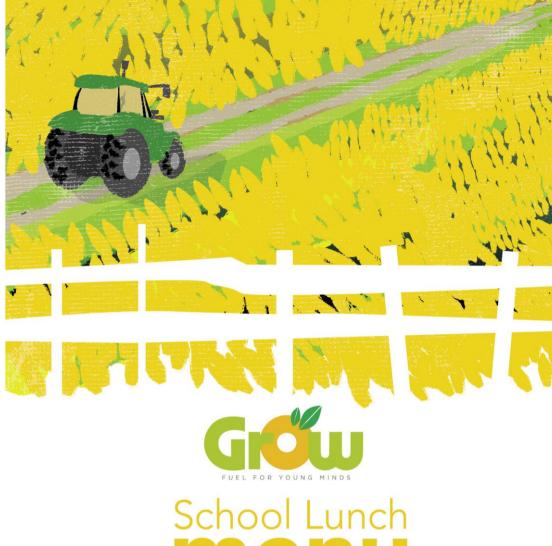


1<sup>st</sup> May, 22<sup>nd</sup> May, 19<sup>th</sup> June, 10<sup>th</sup> July, 11<sup>th</sup> September, 2<sup>nd</sup> October 2023

# **Week Three Menu**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausages with Tomato Pasta	Mild Minced Beef Keema Curry served with Fluffy Rice	Roast Breast of Chicken with Roast Potatoes & Gravy	Ham Cheese & Tomato Pizza served with diced potato	Fish Fingers served with Chips
VEGETARIAN	Veggie Bolognese	Cheese & Baked Bean Puff	Vegetarian Loaf served with Roast Potatoes & Gravy	Cheese & Tomato Pizza served with Diced Potato	Vegetable Fingers served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese or Baked Beans				
COLD DELI	Ham Cheese or Tuna Mayonnaise Sandwich				
DESSERTS	Vanilla Icecream	Pear & Chocolate Sponge with Custard	Oat Cookie	Shortbread	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly.



# menu

### Food for Life

### Our Menu







17<sup>th</sup> April, 8<sup>th</sup> May, 5<sup>th</sup> June, 26<sup>th</sup> June, 17<sup>th</sup> July, 18<sup>th</sup> September, 9<sup>th</sup> October 2023

# Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta Bolognese	Pork Sausage with Mashed Potato and Gravy	Roast Breast of Chicken with Roast Potatoes & Gravy	Chicken with a Creamy Sauce and served with Fluffy Rice	Battered Fish served with Chips
VEGETARIAN	Macaroni Cheese	Quorn Sausage with Mashed Potato and Gravy	Vegetable Enchilada	Cheese & Tomato Pizza with Oven Baked Jacket Wedges	Vegetarian Sausage Roll served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans			
COLD DELI	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich
DESSERTS	Chocolate Cookie	Shortbread	Vanilla Icecream	Iced Sponge	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly



24<sup>th</sup> April, 15<sup>th</sup> May, 12<sup>th</sup> June, 3<sup>rd</sup> July, 4<sup>th</sup> September, 25<sup>th</sup> September, 16<sup>th</sup> October 2023

## **Week Two Menu**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger with Homemade Jacket Wedges	Chicken & Tomato Pasta Bake	Roast Turkey with Roast Potatoes & Gravy	Beef Lasagne served with Garlic Slice	Fish Fingers served with Chips
VEGETARIAN	Veggie Burger with Homemade Jacket Wedges	Macaroni Cheese	Roast Quorn Fillet served with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Garlic Slice	Vegetable Frittata served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese or Baked Beans				
COLD DELI	Ham Cheese or Tuna Mayonnaise Sandwich				
DESSERTS	Flapjack	Strawberry Icecream	Shortbread	Jam Sponge with Custard	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly