



1st May, 22nd May,
19th June, 10th July,
11th September,
2nd October 2023

Week Three Menu

MAIN MEAL
VEGETARIAN
JACKET POTATO
COLD DELI
DESSERTS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| Pork Sausages with Tomato Pasta | Mild Minced Beef Keema Curry served with Fluffy Rice | Roast Breast of Chicken with Roast Potatoes & Gravy | Ham Cheese & Tomato Pizza served with diced potato | Fish Fingers served with Chips |
| Veggie Bolognese | Cheese & Baked Bean Puff | Vegetarian Loaf served with Roast Potatoes & Gravy | Cheese & Tomato Pizza served with Diced Potato | Vegetable Fingers served with Chips |
| Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans |
| Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich |
| Vanilla Icecream | Pear & Chocolate Sponge with Custard | Oat Cookie | Shortbread | Fruity Friday |

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly.



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





17th April, 8th May,
5th June, 26th June,
17th July, 18th
September, 9th
October 2023

Week One Menu

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|--|--|--|---|--|
| MAIN MEAL VEGETARIAN JACKET POTATO | Pasta Bolognese | Pork Sausage with Mashed Potato and Gravy | Roast Breast of Chicken with Roast Potatoes & Gravy | Chicken with a Creamy Sauce and served with Fluffy Rice | Battered Fish served with Chips |
| | Macaroni Cheese | Quorn Sausage with Mashed Potato and Gravy | Vegetable Enchilada | Cheese & Tomato Pizza with Oven Baked Jacket Wedges | Vegetarian Sausage Roll served with Chips |
| | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans |
| COLD DELI | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich |
| DESSERTS | Chocolate Cookie | Shortbread | Vanilla Icecream | Iced Sponge | Fruity Friday |

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly



24th April, 15th May,
12th June, 3rd July,
4th September, 25th
September, 16th
October 2023

Week Two Menu

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|--|--|--|--|--|
| MAIN MEAL VEGETARIAN JACKET POTATO | Beef Burger with Homemade Jacket Wedges | Chicken & Tomato Pasta Bake | Roast Turkey with Roast Potatoes & Gravy | Beef Lasagne served with Garlic Slice | Fish Fingers served with Chips |
| | Veggie Burger with Homemade Jacket Wedges | Macaroni Cheese | Roast Quorn Fillet served with Roast Potatoes & Gravy | Cheese & Tomato Pizza with Garlic Slice | Vegetable Frittata served with Chips |
| | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans | Jacket Potato served with Grated Cheese or Baked Beans |
| COLD DELI | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich | Ham Cheese or Tuna Mayonnaise Sandwich |
| DESSERTS | Flapjack | Strawberry Icecream | Shortbread | Jam Sponge with Custard | Fruity Friday |

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly